

SEPTEMBER 14

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SHORTROUNDSATERING.COM



189Kinderkamack Road

Emerson, NJ 07630

Phone: 201-261-6585

BREAKFAST

- FRESH CUT WATERMELON **\$4.00**

- FRESH FRUIT **\$5.00**

-YOGURT PARFAIT with GRANOLA & FRESH BERRIES **\$5.00**

- PEPPERONI, EGG, & CHEESE- 2 Scrambled Eggs with Grilled Pepperoni and Melted Mozzarella Cheese served on a Kaiser Roll
\$6.00 + TAX

-POWER WRAP- Egg Whites with Grilled Turkey and Hot Sauce served in your Choice of White, Wheat, or Spinach Wrap
\$6.50 + TAX

-EGG PLATTER- 2 Eggs, served Sunny Side Up, with Grilled Deli Ham, Homefries, and your Choice of White, Rye, or Whole Wheat Toast **\$8.00 + TAX**

-HAM & CHEDDAR OMELETTE- 3 Egg Omelette with Diced Ham, and Melted Cheddar Cheese. Served with your choice of White, Whole Wheat, or Rye Toast **\$7.50 + TAX**

-PANCAKES served with side of Bacon, Sausage, or Taylor Ham
\$9.00 + TAX

BAKERY: RICE PUDDING, CORN MUFFINS, BLUEBERRY MUFFINS, BANANA BREAD, CHOCOLATE CHIP BANANA BREAD, WALNUT BANANA BREAD, CHOCOLATE CHIP COOKIES, CRANBERRY OATMEAL COOKIES, FUDGE BROWNIES, SEASONED PRETZELS, BAGEL CHIPS ***ALL HOMEMADE***

FRESH GROUND COFFEE & HOT BEVERAGES: REGULAR, DECAF, HAZELNUT, FRENCH VANILLA, HOT CHOCOLATE, HOT TEA

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LUNCH

ICED COFFEE **FRESH SQUEEZED LEMONADE** **FRESH BREWED ICED TEA** **ARNOLD PALMER**
SMALL (16oz) \$3.49 + TAX **LARGE (24oz) \$4.49 + TAX** **X-LARGE (32oz) \$5.49 + TAX**

HOMEMADE SOUPS 12oz- \$3.75 16oz- \$4.95 32oz- \$8.95
CHICKEN NOODLE

SIDES

ROASTED CAULIFLOWER WITH SHAVED PARMESAN, LEMON, AND PARSLEY \$4.95/half pound
GREEK SALAD \$4.95/half pound
TUNA MAC SALAD \$5.45/half pound
GRILLED CHICKEN & AVOCADO SALAD \$5.45/half pound
BLACK BEAN & AVOCADO SALAD \$4.95/half pound
ISRAELI SALAD \$4.95/half pound

SALAD SPECIALS

CHICKEN MILANESE SALAD - Fresh Baby Arugula Topped with Crisp Chicken Cutlets, Plum Tomatoes, Cucumbers, Carrots, & Red Onions, Served with Our Balsamic Dressing. \$11.00 + TAX
CHEF SALAD - Fresh Spring Mix Topped with Sliced Turkey, Ham, Swiss Cheese, Plum Tomatoes, Cucumbers, Hard Boiled Eggs, & Carrots, Served with Russian Dressing. \$11.00 + TAX
FANTASTIC SALAD - Crisp California Romaine Lettuce Topped w/ Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, & Croutons, Served w / Balsamic Dressing. \$12.00 + TAX
All Salads come with 4oz of Dressing. Additional Dressing Cost \$1 per Container

PANINIS (No Substitutions) - \$10.00 + TAX

MEDITERRANEAN- Thin Sliced Grilled Chicken with Sundried Tomatoes, Baby Spinach, Balsamic Vinegar, and Melted Homemade Fresh Mozzarella Cheese served on Grilled Flatbread
THANKSGIVING- Thin Sliced Store Roasted Turkey Breast with Whole Berry Cranberry Sauce and Homemade Stuffing served on Grilled Flatbread with a side of Gravy
SPICY GRILLED CHICKEN- Our House Grilled Chicken with Crisp Bacon, Fresh Avocado, Tomato, Chipotle Mayo, & Melted Pepper Jack Cheese served on a Grilled Flatbread
ITALIANO- Thin Sliced Grilled Chicken with Pesto Sauce, Roasted Red Peppers, & Melted Homemade Fresh Mozzarella served on a Grilled Flatbread

SANDWICHES

THE FRENCH DIP - Sliced House Roasted Beef Served on a Toasted Garlic Hero Roll with Melted Provolone Cheese, Served with Au-Jus on the side. \$10.50 + TAX
BBQ CHICKEN AND AVOCADO WRAP - Our BBQ Grilled Chicken Breast with Fresh Sliced Avocado, Shredded Cheddar Cheese, Lettuce, Tomatoes, Red Onions, and Ranch Dressing, Rolled in Your Choice of White, Wheat, or Spinach Wrap. \$10.00 + TAX
HOT PEPPER TUNA - Our Fresh Homemade Tuna with Lettuce, Tomato, & Banana Peppers, Served on a Kaiser Roll with a Bag of Chips. \$9.00 + TAX
SPICY ITALIAN HERO - Sliced Ham, Genoa Salami, Provolone Cheese, Lettuce, Tomato, Red Onions, Diced Hot Peppers, Spices, Oil & Vinegar, Served on a Hero. \$9.50 + TAX
CHICKEN SALAD B.L.T. - Our Homemade Chunky Chicken Salad, Served on a Multigrain Bread with Crisp Bacon, Lettuce, and Tomatoes and a Bag of Chips. \$9.75 + TAX

SPECIALS

GRILLED CHICKEN QUESADILLA - Our Grilled Chicken Breast with Seasoned Tomatoes, Melted Cheese Blend Grilled Between Flour Tortillas. Served with Homemade Pico de Gallo and Sour Cream. \$10.00 + TAX
GREEK BOWL - Our Homemade Greek Salad with Feta Cheese, Topped with Seasoned Grilled Chicken Breast, Toasted Pita, and Crisp Romaine Lettuce, Served with a Side of Oregano Vinaigrette. \$11.00 + TAX
LOW CARB LUNCH - Our Blackened Chicken Breast, Served Over Sauteed Broccoli, String Beans, Asparagus, and Roasted Cauliflower, Served with Lemon Basil Aioli \$10.00 + TAX